**Life stories**

**Story 1**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I'm 20 years old, and I don't really know what to do with my life

I work in various jobs,

I last two months at the most at a job and then I leave, I can't find my direction

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

In your opinion, is it possible to search for a direction in work? What do you know about searching for a direction in work? What needs to be done in order to find direction in work and integrate into it?

**Story 2**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I finished high school and have completed the matriculation exams,

I did an SAT test

And I was accepted to college for the track I always wanted

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What, in your opinion, helped him finish high school with completed matriculation exams? How did he succeed in passing the SAT test?

What will help him fulfil his aspirations in the field of higher education?

**Story 3:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

At school, I didn't complete my matriculation exams – I didn't want to make any effort, and I had problems with the teachers.

After a year, I took things into my hands,

I enrolled in a preparatory program, completed my matriculation exams and now I'm studying at a college.

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What do you think helped him take control of his life after a year? How does one search for a preparatory program? How does a preparatory program help for the future life?

**Story 4:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I'm 22 years old,

Since finishing high school I've held a stable job,

I have nice friends there,

A boss who is willing to help me and I'm really thinking of continuing to work there and progressing

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What helped him get a stable job? How do you create connections at work that are pleasant company?

What do I do so that the boss at work likes me?

**Story 5:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I'm undecided about what to do,

Meanwhile I live at home, help around the house, pass the day sleeping,

At night I go out

My parents help a bit financially and occasionally I work at a vegetable store.

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

Who can you turn to for help and advice regarding what to do and which direction in work will be suitable for you?

How can he be helped to find a way so that his schedule is not turned upside down?

**Story 6:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I decided to study and so I signed up for an SAT preparation course,

I have too final exams to complete

And I hope that with the help of a scholarship from the college I will be able to finance my studies

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

**Story 7:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I'm currently travelling around the country,

Visiting friends in different places,

Doing whatever I feel to,

Not thinking ahead, not getting into these thoughts and uncertainties . . .

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What do you think of this type of lifestyle?

**Story 8:**

I got accepted for a job two months ago,

I feel new at work,

I'm still not finding my way around, and I'm finding it a bit difficult to adjust,

I have a tough boss, but I decided to make an effort, I'm trying to last at least a year

And who knows, maybe I'll even get tenure.

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What do you think may help her adjust to her new workplace? How can she fulfil her aspiration and get tenure at her workplace? Why is tenure at the workplace important for her? How do you think one should get along with a tough boss?

**Story 9:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I'm quite desperate from the situation,

There's no one to help me,

I don't know what's suitable for me to study and what I can work at,

Everything stresses me out and I get angry fast,

Meanwhile I'm staying at home and argue a lot with my family.

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

Who do you think can help him find out what is suitable for him to study and what kind of work is suitable for him? What do you think should be his priority in deciding – should he study before working or the other way around? How can he be helped to get out of his state of desperation? Who can help him decrease the arguments at home?

**Story 10:**

I started studying,

There's a lot of material to cover but I made friends and we study together.

The studies are interesting and so far, I'm doing really well.

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

How do you think he succeeded in finding study friends? How is it helpful when several friends study together in a group? What is this feeling 'I'm doing really well'? How do we know we're doing well? What can help us to feel this way?

**Story 11:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I left my job,

They didn't pay me enough,

I'm going to look for another job,

I have contacts and I'm sure I will get a better job,

I feel I'll get the job I planned.

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What do you think helps him feel that he can get the job he planned on getting? In which situations do you think it is the right choice to leave a job? How can connections help? How do you establish connections?

**Story 12:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I finished high school, and took a few months to rest

Now I'm working

I'm saving for college in the hopes that next year I'll start studying.

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

How can you save money? In which jobs can you work and save for college? What can help in achieving this?

**Story 13:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I finished high school, I have ambitions to own a luxury car a few years from now

Currently I'm working

I'm saving for the car and am in touch with people who will help me with this

My mother says they're not good people

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What do you think about this ambition?

How can you save money? What jobs can you work at and save money for a luxury car? Who can help you to achieve this? What do you think about the mother's fears?

**Story 14:**

בבית הספר לא סיימתי את הבגרות – לא רציתי להתאמץ והיו לי בעיות עם המורים. אחרי הצבא תפסתי את עצמי, הלכתי למכינה סיימתי את הבגרות ועכשיו אני לומד במכללה

I finished high school, I have ambitions to get a degree

But my parents want me to get married and have my own house

I have a lot of arguments with them

Meanwhile I'm staying at home not doing anything

To what extent do you think this story will suit your situation in several years from now?

1. To a great extent (b) it will suit me (c) somewhat (d) not at all

What can help the girl achieve her ambitions?

Why is it important to her parents that she get married?